

CYE Conference 2018 – Minutes

28 – 29 of September, Budapest

Countries and delegates present (in alphabetical order of countries):

Delegate	Coeliac Society	Country
Klara Laskova	Spolecnost pro bezlepkovou dietu	Czech Republic
Matej Biskup	Celiacs' Association of Czech Republic	Czech Republic
Samuel Rubín	Celiacs' Association of Czech Republic	Czech Republic
Marja Jeskanen	Finnish Coeliac Society/Finnish Youth Coeliacs	Finland
Nicolas Hauvel-Doxaran	Association Française Des Intolérants Au Gluten	France
Hannah Dreßen	Deutsche Zöliakie-Gesellschaft e.V. (The German Coeliac Society)	Germany
Steffi Ischner	Deutsche Zöliakie-Gesellschaft e.V. (The German Coeliac Society)	Germany
Dorottya Komlósi	Hungarian Coeliac Society	Hungary
Alessia Patuelli	Associazione Italiana Celiachia / CYE	Italy
Luana Giberti	Associazione Italiana Celiachia	Italy
Luca Pocher	Associazione Italiana Celiachia	Italy
Jil Feit	Association Luxembourgeoise des Intolérants au Gluten	Luxembourg
James Grima	Coeliac Association Malta / CYE	Malta
Maartje Vrielink	Coeliactive	Netherlands
Nathalie Kruiper	Coeliactive	Netherlands
Selina Fredrikke Olufsen	NCFU	Norway
Beatriz Garre Picazos	FACE Joven / CYE	Spain
María van der Hofstadt Rovira	FACE Joven	Spain
Míriam Baños Pascual	SMAP - Celiacs de Catalunya	Spain (Catalunya)
Beth Turnbull	IG Zöliakie der Deutschen Schweiz	Switzerland
Rebecca Neuhold	IG Zöliakie der Deutschen Schweiz	Switzerland

Friday, 28th September

Opening the conference

Alessia Patuelli opened the conference asking for volunteers to draft the minutes, those volunteers were Nicolas Hauvel-Doxaran from France and María van der Hofstadt Rovira from Spain.

Approve the 2017 minutes

Alessia presented the minutes of 2017 and asked all delegates to approve these minutes. All delegates unanimously approved the 2017 minutes.

Countries Presentation – Discussion

Delegates introduced themselves, their youth groups and activities they organised during the year. After that, delegates shared some tips on organising events and attracting youths.

Some of the tips shared:

- Free food usually attracts people to activities/events.
- Opening borders, promote events with other associations sharing the same language or neighbouring countries.
- Gain visibility for events working/doing partnership with non-association groups on social network about gluten free life, bloggers or sponsors.
- Start with small activities as dinner/lunch to build a group of people.
- Two separate prices for members and non-members is always a good way to attract more people and new members.
- Consider allowing coeliacs to invite their friends (coeliacs or non-coeliacs).

CYE today and tomorrow – Youth Committee

Youth Committee gave a summary of the work done during the year, their meetings, annual project and finding missing countries. Everyone (YC and Delegates) was very happy to welcome Luxembourg to CYE for the first time.

Beat the Wheat – Luca Pocher and María van der Hofstadt

Main problem with the actual structure, is getting articles from delegates. The current editorial team proposed a change in the CYE constitution to restructure the bulletin and change it into a blog on CYE's website in the hope of easing the job of the editors and also to add more content to the website and social media pages.

Luca asked for volunteers to help with Beat the Wheat (BTW). Even though BTW's structure will change, it is essential to have more people part of the editorial team.

New members to BTW:

- Maartje Vrielink (Netherlands)
- Dorottya Komlósi (Hungary)
- Beth Turnbull (Switzerland)

Since BTW will now be a blog, it was discussed whether the name should change. It was agreed that this may be a something to consider at a later stage.

Getting to know the AO ECS with Christian Scerri

Christian Scerri, Director of the AO ECS Board, explained how AO ECS work, its structure, and Working Groups. Some of the information that was discussed:

- AO ECS must push for more social, psychological and clinical research
- Budget-Financial part – now focused on the Crossed Grain Symbol (CGS), important to think of new ideas.
- Consideration on going international, not only European countries
- Taking care of the CGS – How AO ECS can protect it
- AO ECS Strategy – Christian shared with the delegates the main points of AO ECS' strategy
- AO ECS needs CYE's Delegates ideas and feedback about it

Panel Discussion with manufacturers – with AO ECS

A number of GF producers explained how they work and coeliac society members asked them a number of questions related to the gluten free market, the CGS, product prices etc.

Nicolas Hauvel-Deuxaran from France and Selina Fredrikke Olufsen from Norway asked interesting questions about the quality of gluten free products.

Umberto Volta – treatment approaches

Dr. Volta gave a presentation on the future research perspectives on coeliac disease. After a session of questions to Dr. Volta, it was clear that at the moment the only treatment option for coeliacs is the gluten free diet.

Workshop with Noémi Kiry

Noémi held a session focusing on communication in an organisation. Delegates were split in two groups and were asked to solve a form of a riddle. We discussed how the two groups worked together, pros and cons etc.

Focusing more on CYE, Beatriz asked delegates what they expect from CYE and how they see CYE in the future.

The majority agreed that it is important to have the involvement and collaboration of delegates along with the board.



Saturday, 29th September

Youth Committee 2018 – 2020 Candidates

Candidates were asked to give a short presentation introducing themselves and on what they hope to achieve with CYE in the next two years.

CYE Candidates:

- Eduard Colomer – Celiacs de Catalunya: Financial Manager (Skype call)
- James Grima – Coeliac Association Malta: General Coordinator
- Beatriz Garre – FACE Joven: Project Manager
- Selina Fredrikke Olufsen – NCFU: Financial Manager

Annual Project – 2018/2019 – Open Spanish Coeliac Buddy to other European countries

James and María explained how the project works in Spain. Delegates were then split in small groups to discuss how to develop the project. Some of the ideas discussed:

- Add CYE logo to the current Spanish Coeliac Buddy logo
- Add links or forms in each Travel Net page from those countries who develop the project
- Create specific forms for the different country, the target deadline is end of January
- Share the information through websites and social media from different youth groups
- The form should include a set of questions, it's very important to add terms and conditions
- In the long term, create an interactive map with the places where you can find a Coeliac Buddy
- Important to share the project with coeliac societies in order to introduce the project to their members as well
- Possibility to create videos to explain the project and also ask participants to write articles for BTW sharing their experiences

Summer camp 2018 – The Netherlands

Maartje Vrielink and Nathalie Kruiper shared their experience hosting the 2018 Summer Camp which was held in The Netherlands. The summer camp had a total of 50 participants from 13 different countries. They went into detail of each day adding some suggestions to those interested in hosting future summer camps.

Summer camp 2019 – Paris

Nicolas from France updated all the delegates about their work for next year's summer camp in Paris. We were shown a video aimed for sponsors and a draft of the agenda.

Dates will be 4th – 10th of August.

Summer camp 2020 – Candidates – Italy

Italy was the only country that applied to host the 2020 CYE Summer Camp. Italian delegates, Luca Pocher and Luana Giberti, explained their plans to have the summer camp in Trieste.

Constitution Updates

The constitution was revised with the proposed changes, CYE members of organisations rather than countries are accepted - this applies to delegates, voting etc. and the proposals for the new Beat the Wheat structure.

The new constitution was approved unanimously.

Summer camp 2020 Voting

Approved by majority for the Summer camp 2020 to be held in Italy.

Youth Committee Voting

Since General Coordinator and Project Manager positions had one candidate each, voting was only carried out for the Financial Manager position.

Delegates voted in two rounds for the Financial Manager position, having an equal amount of votes for both candidates in the first round.

- **First Round**
Selina: 7, Eduard: 7
- **Second Round**
Selina: 5, Eduard: 9

The CYE Board for the next two years (2018 – 2020) is as follows:

- General Coordinator – James Grima
- Project Manager – Beatriz Garre
- Financial Manager – Eduard Colomer

Social media content Workshop

Beatriz gave a presentation how social media and marketing works in general to attract more users and how this can be applied to CYE for its social media pages and website. Delegates were assigned a month to work on social media posts, as well asked for those interested in helping out with Instagram posts.

Delegates were then split into small groups to do some brainstorming and work on new ideas for social media content. A set of videos were taken asking delegates three questions:

- Name and Country
- What is CYE?
- Why should you be part of CYE?

CYE Presentation at the AOECs General Assembly

The CYE board presented the 2017-2018 Annual Report to the AOECs GA.

